## TOPIC 1

## **HUMAN BODY**

- Reproduction
- Penis, urethra, glands, sperm duct, epididymis, testes, scrotum
- (a) Female reproductive system
  - (b) Right ovary, cervix, vagina, uterus, and oviduct
- Sexual reproduction 4.
- Gametes 5.
- Sperms 6.
- 7. Ova
- 8. (a) An ovum
- (b) Sperm cell
- Fertilization 9.
- 10. Oviduct (fallopian tube)
- 11. One
- 12. A zygote
- 13. An embryo
- 14. Implantation
- 15. Uterus (womb)
- 16. Placenta
- 17. Food, oxygen
- 18. Umbilical cord
- Allow movement of food and oxygen to the foetus
  - Allow movement of waste materials from foetus to the mother.
- 20. Amniotic sac
- 21. Protects the foetus from shock and accidental injuries.
- 22. 9 months.
- 23. Labour.
- Contraction of the wall of the uterus. 24 (i)
  - (ii) Dilation of the cervix.
  - (iii) Breaking of the amniotic sac.
  - (iv) Amniotic fluid flows out.
  - (v) Baby comes out with head first.
  - (vi) Tying and cutting of umbilical cord.
- (vii) Coming out of afterbirth.

  25. Prevent bleeding from the baby.
- 26. Placenta and remains of umbilical cord.
- 27. Removal of waste products from the body.
- 28. Lungs, skin, kidneys.
- 29.

Excretory organ	Excretory wastes	
Kidneys	Urea, excess water	1
Lungs	Carbon dioxide, water vapour	
Skin	Excess salts, excess water	

- 30. A. Right kidney
  - B. Ureter
  - C. Urinary bladder
  - D. Left kidney
  - E. Renal vein

## TOPIC 2:

### PLANTS

- Mechanisms that make a plant survive in its habitat.
- Wet areas
  - Dry areas
  - Normal conditions
- Xerophytes.
- Hydrophytes.
- Mesophytes.
- Cactus, euphorbia, aloe vera, murram grass, baobab

- 9. -They have deep roots.
  - They shed leaves during dry season.
  - They have needle-like leaves.
    - They have fleshy stems.
- 10. Deciduous plants.
- 11. Jacaranda.
- 12. -High temperatures.
  - Wind
  - Number of stomata
- 13. Succulents.
- 14. Cactus, euphorbia.
- 15. Thorns.
- Large leaves.
  Leaves have many stomata.
  - Leaves have thin cuticle.
- 17. -Stunted growth.
  - Wilting.
  - Discolouration of leaves.
  - Curling of leaves.
- They lower crop yields. 18. -
  - They lower quality of produce.
  - They increase cost of production.

## TOPIC 3

## **HEALTH EDUCATION**

- 1. HIV
- 2. Semen, Vaginal fluid, blood, saliva.
- Blood transfusion.
  - Sharing body piercing tools.
  - Sexual intercourse.
  - Mother to child during breast feeding.
- 4. Shaking hands.
  - Hugging.
  - Playing together.
- Window, incubation, symptomatic, full blown
- Giving people education about HIV and AIDS to prevent spread of the disease.
- 7. Educating masses.
  - Using media.
  - Creating public awareness.
- 8. Educating a large group of people.
- Radio, television and newspapers.
- 10. -Market places
  - Funeral services
  - Chief's baraza
  - Church services
- 11. Sexually Transmitted Infections
- 12. Gonorrhoea, syphilis, chancroid and genital herpes.
- 13. (a) Gonorrhoea Bacteria
  - (b) Syphilis Bacteria
  - (c) Chancroid Bacteria
  - (d) Genital herpes Virus
  - Abstaining from sex.
    - Married people being faithful.
    - Seeking medical help. Avoiding drug abuse.

## TOPIC 4:

## WEATHER AND ASTRONOMY

Clouds, Sun

- 4.
- 5. Phases of the moon
- 6. Sun
- 7. (a) Crescent moon
- (b) Quarter moon
- (c) New moon (d) Full moon
- Nimbus, cumulus, stratus, cirrus 8. 9.
  - (a) Nimbus They are dark grey in colour.
  - They are low clouds and indicate heavy rains.
  - (b) Cumulus
  - They look like cotton wool.
  - They are white in colour and have flat bases.
- 10. Cumulus
- 11. Stratus
- 12. Cirrus
- 13. Daily changes of a place for a short period of time.
- 14. Meteorologists.
- 15. Weather station.
- 16. Rain gauge, wind vane, anemometer, windsock, thermometer
- 17. Name the weather instruments that
  - Measure Temperature thermometer
  - (ii) Measure Speed of wind - Anemometer
  - (iii) Show the direction of wind Wind vane
  - (iv) Measure humidity Hygrometer
  - (v) Measure atmospheric pressure - Barometer
  - (vi) Measure strength of wind Windsock
  - (vii) Measure amount of rainfall Rain gauge
- 18. (a) Prevent water from splashing in to the funnel.
  - (b) Prevent evaporation of collected water.
- 19. Where wind is blowing from.
- 20. (a) Liquids expand on heating and contract on cooling.
  - (b) Air expands on heating and contracts on cooling.
- 21. (a) Liquid thermometer.
  - (b) Wrong labelling of the scale.
- 22. Sun, 9 planets, moons, comets, asteroids, meteors.
- 23. The sun
- 24. Venus.
- 25. Mercury
- 26. Saturn.
- 27. Mercury
- 28. Venus
- 29. Jupiter.
- 30. Mercury.
- TOPIC 5

# ANIMALS

- Adaptations
- 2. Feed and move
- 3. Omnivores, carnivores and herbivores
- 4. Herbivores
- 5. Carnivores
- 6. **Omnivores**
- 7. Incisors, canines, premolars and molars.
- Holding, cutting and chewing food. 8.
- 9. A diastema.
- 10. Catching and killing its prey
- 11. Carnassial teeth
- 12. Beak and feet
- 13. Nectar, fish, flesh and grains.
- 14. (a) Nectar
- (b) Fish
- (c) flesh

- Look for food 15. -
  - Look for a mate.
  - Escape danger.
  - Look for good habitat.
- 16. Swimming, hopping, walking, crawling

- Slippery bodies
- Presence of fins
- 19. Swim bladder
- Forward movement and braking. 20. (a)
  - Straight movement (prevent rolling) (b)
  - Upward and downward movement in water
- 21. Powerful hind legs
- Streamlined body
  - Presence of wings
- Stunted growth 23. -
  - Low products
  - Rough coat
  - Decrease in weight
- 24. -Decrease in production
  - Death

## TOPIC 6

### **ENVIRONMENT**

- Surrounding of a living things.
- 2. Biotic
- 3. Abjotic
- 4. Plants, animals, soil, water, air.
- 5. Plants and animals.
- 6. Soil, water and air.
- 7.
- 8. Making something harmful to animals and plants.
- Oil spillage
  - Plastics
  - Industrial wastes
  - Farm chemicals
- 10. Fertilizers, pesticides and herbicides
- Death of living organisms in the soil.
  - Destruction of soil structure.
  - Plastic interfering with growth of roots.
  - Oil spillage interfering with air circulation.
- Farmers reduce the use of inorganic fertilizers. 12. -
  - Proper disposal of plastics.
- 13. Proper use and care of the soil.
- Building of terraces and gabions.
  - Afforestation
  - Mulching and cover cropping.
  - Contour farming.
- Cigarette smoking 15. -
  - Industrial waste gases
  - Aerosol sprays
  - Vehicle exhaust fumes
- 16. Carbon dioxide and sulphur dioxide.
- Cigarette smoking leads to lung cancer.
  - Cigarette smoking can lead to death (carbon monoxide)
  - Destruction of iron sheets by acid rain.
  - Destruction of ozone layer.
- Banning smoking in public places. 18. -
  - Proper maintenance of vehicle engines.
  - The use of unleaded fuel.
  - Treatment of industrial waste gases.

(c) Water

- Water, air, animals, humus. 1.
  - (a) Air (b) Humus Clay, loam and sand
- Poor drainage

3.

- Highest capillarity

- 5. Highest drainage
  - Lowest capillarity
  - Rough texture
  - Lowest water retention
- 6. Sand, clay and humus.
- 7. Roughness or smoothness of a soil.
- 8. Rate at which water passes through a soil.
- 9. Equal amounts of different soils.
  - Equal sizes of funnels.
  - Equal amounts of cotton wool.
  - Equal amounts of water.
  - 3 glass bottles.
- 10. Size of soil particles.
- 11. Sandy soil
- 12. Clay soil
- 13. Water retention
- 14. Clay
- 15. Capillarity
- 16. Water
  - Three identical tubes
  - Equal amounts of soils
  - Equal amounts of cotton wool
- 17. Clay
- 18. Sand
- 19. Carrying away the top fertile soil
- 20. Wind and water
- 21. Slopy land, bare soil, type of soil
- 22. Splash, rill, gulley and sheet
- 23. (a) Gulley erosion (b) Splash erosion
- Ability of a soil to produce high crop yields for a long period of time.
- 25. Soil erosion, leaching, poor methods of farming.
- 26. Fertilizers
- 27. Organic fertilizers and inorganic fertilizers.
- Fertilizers made from chemicals.
- 29. Compost, farm yard, green manure and organic mulches.
- 30. Straight fertilizers.
- 31. Nitrogenous, phosphotic and potassic.
- 32. They do not pollute the soil.
  - They do not burn crops.
- 33. They take long to decompose.
  - They are bulky.
- 34. They are easy to transport.
  - They contain high plant nutrients
  - They are needed in small amounts
- 35. They burn crops.
  - They are expensive.

#### TOPIC 8

#### WATER

- 1. Cooking, drinking, washing
- 2. Watering animals, irrigation, cleaning tools
- 3. Swimming, surfing and boat racing
- 4. Cleaning raw materials, cooling machines
- 5. Using pots, dams and tanks
- 6. Water borne diseases
- 7. Bilharzia, cholera, typhoid
- 8. Violet diarrhoea
  - Vomiting
  - Dehydration
  - Abdominal pains
- 9. Fever
  - Pain in joints and muscles
  - Vomiting
  - Abdominal pain

- Blood in urine and stool
- 11. Boiling and treating drinking water.
  - Proper sanitation.
  - Washing hands after visiting latrine.
  - Covering food.
- 12. Making water harmful to plants and animals.
- 13. Sewage
  - Farm chemicals
    - Industrial wastes
- 14. Plants, animals and soil.
- 15. Death of aquatic animals.
  - Destruction of iron sheets.
  - Reduction of HEP production.
  - Spread of waterborne diseases.
- 16. Reusing water
  - Harvesting water
  - Recycling water
  - Using water sparingly.
- 17. Water that contains calcium and magnesium salts.
- 18. Water that contains little or no calcium and magnesium salts
- 19. Scum
- 20. Foam
- 21. Soft
- 22. Hard water wastes soap
  - Hard water stains clothes
  - Hard water makes clothes lose their brightness
- 23. Hard water is good for drinking.
- 24. Softening hard water.
- 25. Boiling
- 26. Magadi soda

## TOPIC 9

### FOOD AND NUTRITION

- 1. Give us energy
  - Build the body
  - Protect us from diseases
- 2. Energy giving foods
  - Body building foods
  - Protective foods
  - (a) Ugali, rice, yams(b) Meat, eggs, beans
    - (c) Spinach, orange, kales
- 4. A meal that contains all the three basic food groups.
- 5. Ugali, meat and cabbage.
  - Rice, bean stew and kales
  - Chapati, green grams and orange juice
- These are diseases caused by not eating a balanced diet.
  - Kwashiorkor Rickets - Marasmus - Scurvy
    - Anaemia Beriberi
      - Kwashiorkor Lack of proteins
    - Marasmus Lack of enough food
      Rickets Lack of vitamin D
      - Lack of vitamin D
         Lack of vitamin C

Lack of vitamin A

- Scurvy Night blindness –
- 9. (a) Kwashiorkor

8.

- Pot belly
- Brown hair
- Swollen limbs and arms
- (b) Marasmus
  - Visible bones under the skin
  - Crying all the time
  - A child looks like an old woman or man
- 10. Helps in digestion

- 11. Roughage
- Keeping food safely away from micro organisms to prevent it from going bad.
- Drying, smoking, salting and use of honey 13.
- 14. Salting
- 15. Drying
- 16. Ash
- 17. Canning, refrigeration and freezing
- Infants
  - Lactating mothers
  - Expectant mothers
  - People with HIV and AIDS
- 19. A child between 0 years to 2 years
- First milk called colostrum has antibodies which boost the immunity of the baby.
  - Breast milk bonds the baby and the mother
  - Breast milk is easy to digest.
  - Breast milk is a balanced meal for a baby.
- 21. Introducing new foods to a baby to supplement breast
- 22. Calcium and phosphorous.
- 23. Protective foods (vitamins)
- 24. Fats and oils
- 25. Illness of the stomach caused by eating contaminated food.
- 26. Chemicals and micro organisms.
- 27. Insecticides, detergents and kerosene
- 28. Bacteria, yeast and mould
- Violent diarrhoea 29.
  - Vomiting
  - Abdominal pain
- Preheating food before eating. 30. -
  - Avoid eating contaminated food.
  - Covering food.
  - Avoid eating expired food.

## TOPIC 10

## PROPERTIES OF MATTER

- Anything that occupies space and has weight.
- Solid, liquid and gas. 2.
- Have a definite shape. Solids 3. (a)
  - Have a definite volume.
  - Have a definite mass.
  - Have a definite volume. (b) Liquids -
    - Have no definite shape.
    - Have a definite mass.
  - Have definite mass (c) Gases -
    - Have no definite shape.
    - Have no definite volume.
- (a) Air exerts pressure
  - (b) Air occupies space
  - (c) Air has weight
- Depth.
- 6. Surface area.
- Material, Shape, Weight and Density 7.
- Temperature and pressure 8.
- (a) Freezing, Condensation, Evaporation, Melting 9.
  - (b) 1 and 2.
    - (c) 3 and 4.
- 10. Process where a solid changes direct to a gas.
- 11. Air
- 12. Nitrogen, Oxygen, Rare gases and Carbon dioxide
- 13. (i) 0.97%

  - (ii) 21% (iii) 0.03%

- Rare gases and nitrogen (b)
- Nitrogen and oxygen (c)
- Respiration in plants and animals. 15. -
  - Used in germination.
  - Used in burning
- 16. (a) Oxygen is used in burning.
  - Candle went out after some time.
    - Water entered the glass.
    - Level of water in the basin dropped.
- 17. -Making fire extinguishers.
  - Used in photosynthesis.
  - Preserving soft drinks.
- 18. -Nitrogen
- 19. (a) Used in hot air balloons.
  - (b) Used in making electric bulbs.
  - (c) Used in making coloured bulbs/tubes.
- 20. Solutes.
- 21. Insoluble.
- 22. Solvent.
- 23. A solute + a solvent = A solution
- 24. (a) Salt Salt solution
  - (b) Glucose Glucose solution
  - (c) Sugar Sugar solution
- 25. Miscible liquids.
- 26. Immiscible liquids.
- 27. (i) Picking
  - (ii) Winnowing
  - (iii) Use of a magnet
  - (iv) Sieving
  - (v) Filtration
  - (vi) Decantation
  - (vii) Distillation
- 28. To absorb colour.
- 29. Materials that a magnet attracts.
- 30. Materials that a magnet cannot attract.

# TOPIC 11

## ENERGY

- Energy is the ability to do work.
- Light, sound, heat, electricity 2.
- Heat and light.
- Photosynthesis
  - Photography
  - Seeing
- Using natural sources e.g. sun 5.
  - Using artificial sources e.g. lamps and electricity
- Avoid accidents in the house 6.
  - Keep away pests such as rats
  - To see clearly in the house
  - Travels in a straight line
  - Travels in all directions
- (a) Reflection Bouncing of light
  - Refraction Bending of light
  - Dispersion Splitting of light into seven colours
- Materials that do not allow light to pass through them.
- 10. Translucent.
- 11. Transparent materials.
- 12. Sound

7.

- 13. Pitch.
- 14. -Length of wire
  - Tightness of a wire
  - Thickness of a wire

15. Loudness or softness of a sound.

- 16. Echo

- Heat makes a substance to change state.
  - Heat increases temperature of a substance.
  - Heat makes substances expand.
- 20. (a) Solids Conduction
  - (b) Water Convection
  - (c) Gases Convection
  - (d) Vacuum Radiation
- Static electricity 21. -
  - Current electricity
- 22. Rubbed.
- 23. They repel.
- 24. Electrons flow.
- Dry cells
  - Hydroelectric power
  - Solar panel
  - Diesel/petrol generators
- 26. A circuit.
- 27. Complete the circuit.
- Electric iron box
  - Electric heater

  - Electric cooker
- Never insert objects in the sockets. 29. -
  - Never overload circuits.
  - Never play near electric mains.
  - Never touch switches with wet hands.
- Avoid open places when it is raining. 30. -
  - Never shelter under trees when it is raining.
  - Never carry sharp pointed objects when it is raining.
- 31. When one form of energy changes to another form.
- 32. (a) Chemical → Heat → Kinetic
  - (b) Chemical → Electrical → Heat light
  - (c) Chemical → Electrical → Magnetism
- 33. Chemical → Kinetic
- 34. Sound → Electromagnetic → Electrical → Sound
- 35. Mechanical energy.
- 36. Proper use and care of sources of energy.
- Using energy sparingly. 37. -
  - Using energy efficient devices.
  - Using renewable sources of energy.
- Using vehicles with well maintained engines. 38. -
  - Sharing transport.
  - Using bicycle
- 39. Sources of energy that never get finished.
- (iv) Water 40. (i)Plants (ii) Solar (iii) Wind
- 41. Solar heater, solar panel, solar cooker, solar drier.
- 42. Sources of energy that can get finished.
- 43. Coal and petrol
- 44. A Clay lining
  - B Metal casing
  - C-Door
  - D Handle
- It uses less charcoal. 45. -
  - It conserves heat.
  - It does not require shaking as charcoal burns.

# TOPIC 12

# MAKING WORK EASIER

- Machines
- They reduce the effort. 2.
  - They change direction of force.
  - They increase speed of doing work.
- Levers, pulleys, inclined planes a) Trimming the fence

- (c) Bottle opener (b) Fork Jembe (a) Rake 5.
- Avoid accidents 6.
  - Prevent tools from rusting
  - Increase their efficiency
  - Cleaning them after use.
    - Oiling to prevent rusting.
    - Sharpening when blunt.
    - Repairing broken handles.
- Quantity in an object.
- Kilograms or grams.
- 10. Beam balance.
- 11. Standard weights.
- Y shaped tree trunk.
  - A panga
  - A long strong pole
- Paul should sit away from the pivot.
  - James should sit near the pivot.
- 14. Motion is movement.
- 15. Force
- 16. Force.
- 17. Newtons.
- 18. Spring balance
- 19. Weight, Friction, Magnetic force.
- 20. Force the earth exerts on objects pulling them towards
- 21. Inertia is the tendency of an object to remain in its position moving or stationary.
- 22. Coin, hard paper, glass.
- 23. Friction is a force that opposes motion.
- Friction enables us to light a match stick. 24. -
  - Friction enables us to walk.
  - Friction enables us to write.
  - Friction enables a car to brake.
- Friction causes tear and wear of machines. 25. -
  - Friction hinders work.
  - Friction produces unwanted heat.
  - Friction causes blisters to occur on our hands when digging.
- Using ball bearings. 26. -
  - Applying lubricants.
  - Making surfaces smooth.
- Making surfaces rough. 27. -
- Applying adhesives between surfaces.
- First class levers
  - Second class levers
  - Third class levers

9.		CONTRACTOR OF THE PARTY OF THE
First class levers	Second class levers	Third class levers
Claw hammer	Wheelbarrow	Charcoal tongs
Lid opener	Nut cracker	Fishing rods
See saw	Door hinges	Human arm

- 30. An inclined plane makes work easier by increasing the effort distance.
- Ladder 31. -
  - Staircase
  - Ramp
  - Road winding up a hill
- 32. Wedges.
- 33. (a) D
  - (b) A
  - (c) None
- 34. A single fixed pulley.
- 35. A flag post
- 36. a groove
- 37. It changes direction of force.