PARKLANDS ARYA GIRLS HIGH SCHOOL

**END OF TERM 1 2018 EXAMINATIONS**

**FORM THREE**

**HOME SCIENCE**

**PAPER 1**

**TIME: 2 HOURS**

**NAME………………………………………………… ………….CLASS………………**

**Instruction**

**Answer all questions the spaces provided**

1. What is the purpose of garnishing food? Name two garnishes you can use on savoury dishes (3 mks)

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1. Name two nutrients you think should be increased in pre-school children’s diet and state why (4mks)

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1. Differentiate between an invalid and a convalescent (2mks)

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1. State two advantages of steaming as a cooking method (2mks)

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1. State three factors to consider when buying sewing thread (3mks)

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1. Mention three factors to observe while buying saucepans (3mks)

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1. List down three causes of decreased milk production in lactating mothers (3mks)

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1. Name two decorative seams (2mks)

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1. State two factors that can lead to safe parenthood (2mks)

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1. Name two minerals to be increased in the expectant mothers diet and give a reason in each case (4mks)

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1. What is antenatal , state two benefits of the same (3mks)

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1. Mention three activities carried out at post natal clinic (3mks)

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1. Fill the table below (7mks)

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| --- | --- | --- |
| VACCINE | AGE WHEN GIVEN | AGAINST |
|  | At birth |  |
| DPT |  | Diptheria |
|  |  | Whooping cough |
|  | At 9 months |  |

1. Why is supplementary feeding necessary (2mks)

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1. Explain four principles of wise buying (4mks)

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1. Mention any two disadvantages of hire purchase (2mks)

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1. Mention any two advantages of ‘use of credit cards’ in purchasing household goods (2mks)

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1. What two problems can a family suffer if they do not practice budgeting (2mks)

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1. Draw two pattern symbols and explain how they are used in garment construction (6mks)
2. State three factors that determine the choice of a seam to be used (3mks)

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1. Explain two forms of malnutrition (2mks)

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1. State three functions of proteins in the body (3mks)

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1. What is the relationship between thiamine and carbohydrates (2mks)

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1. Give two reasons for appropriate storing of clothes (2mks)

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1. Why is vinegar used in laundry (1mk)
2. Mention two precautions to observe in use and care of a wooden chopping board (2mks)
3. Write the procedure for cleaning an aluminum saucepan used to cook beef stew (6mks)