**ST. AUGUSTINE MUKUMU BOYS’ PRIMARY**

**HYGIENE & NUTRITION**

**GRADE 1 END TERM EXAM TERM 1 2019**

1. Health habits are things that we do to stay\_\_\_\_\_\_\_ (sick, unwell, health)
2. The \_\_\_\_\_\_\_\_\_\_\_\_\_ is found outside the main house. (toilet, latrine, bathroom).
3. We wipe our \_\_\_\_\_\_\_\_\_\_\_ with a soft wet cloth. (nose, ears, eyes)
4. We use a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to clean our teeth. (cotton, comb, chewed stick)
5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ people take medicine to feel better. (sick, healthy, hungry).
6. Which one is not a form of medicine? \_\_\_\_\_\_\_\_\_\_\_\_\_ (table, tablets, syrup)
7. As babies grow they loose\_\_\_\_\_\_\_\_\_\_\_ teeth (sugar, milk, strong).
8. We should wash our hands \_\_\_\_\_\_\_\_\_\_\_\_ visiting the toilet. (before, inside, after)
9. We buy medicine in the \_\_\_\_\_\_\_\_\_\_\_\_ (chemistry, shop, market).
10. A\_\_\_\_\_\_\_\_\_\_ stone is a soft stone for rubbing feet. (crying, hand, pumice).
11. We use \_\_\_\_\_\_\_\_\_\_\_\_ and water to clean our hair (soap, toothpaste, cotton cloth)
12. We should not share a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (utensils, towels, chairs)
13. We should wash our hands\_\_\_\_\_\_\_\_\_\_ eating food (before, after, handling)
14. We should bath \_\_\_\_\_\_\_\_\_\_\_ day (twice, every, once)
15. We wipe our bodies with a \_\_\_\_\_\_\_\_\_\_\_\_\_ after bathing. (leso, sheet, towel)
16. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ keeps our body strong and healthy. (pray, play, jokes)
17. \_\_\_\_\_\_\_\_\_\_\_\_ food make our teeth to rot. (salty, cold, sugary)
18. We should not \_\_\_\_\_\_\_\_\_\_\_ medicine (share, take, buy)
19. \_\_\_\_\_\_\_\_\_\_\_\_ the door of the toilet before entry. (knock, open, lock)
20. We should take medicine using \_\_\_\_\_\_\_\_ water (salty, sugary, clean).

**Draw the following things**

1. A basin
2. A comb

1. A tooth brush
2. We should visit a \_\_\_\_\_\_\_\_\_\_\_ when sick. (teacher, tailor, doctor)
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ use urinals. (girls, boys,women).