**ST. AUGUSTINE MUKUMU BOYS’ PRIMARY**

**HYGIENE & NUTRITION**

**GRADE 3 END TERM EXAM TERM 1 2019**

1. The things we do to keep our bodies healthy and well are known as \_\_\_\_\_\_\_\_ (good manners, healthy habits)
2. Dirty clothes can make us smell \_\_\_\_\_\_\_\_\_\_\_ (bad, good).
3. Drinking dirty water can make us \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (sick, healthy)
4. Sitting in the wrong posture can make our backs feel \_\_\_\_\_\_\_\_\_\_\_\_\_ (good, pain)
5. Taking enough rest is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ It gives us more energy and we remain healthy. (good, bad)
6. Ensure you \_\_\_\_\_\_\_\_\_\_\_ your teeth at least two times a day. (brush, remove).
7. It is good to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ your tooth when it becomes loose. This will help them grow in line. (remove, hide).
8. A \_\_\_\_\_\_\_\_\_\_\_\_\_\_ is a doctor who treats our teeth when they have problems. (dentist, teacher)
9. A person should sleep at least \_\_\_\_\_\_\_\_\_\_\_\_\_ hours daily (2, 8,5,)
10. We should open windows to allow in \_\_\_\_\_\_\_\_\_ (mud, water, air)
11. Mosquitoes spread \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (malaria, typhoid)
12. Always stay in a \_\_\_\_\_\_\_\_\_\_\_\_\_classroom. (dirty, wet, clean)
13. Dirty classrooms may attract \_\_\_\_\_\_\_\_\_\_ which carry germs. (bees, flies, butterfly)
14. We learn \_\_\_\_\_\_\_\_\_\_\_\_\_\_ in a clean classroom (badly, well)
15. We put collected rubbish in the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (desk, dustbin)
16. We use a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to wipe desks and the teacher’s table. (cloth, mop).
17. After the floor dries, we \_\_\_\_\_\_\_\_\_\_\_\_\_ the desks neatly. (arrange, leave)
18. We empty the dustbin into a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (toilet, rubbish pit)



1. How many times in a day should the medicine be taken? \_\_\_\_\_\_\_\_\_\_\_\_\_ (1,2,3)
2. For how many days should the medicine be taken? \_\_\_\_\_\_\_\_\_\_\_\_\_ (two, three, four)
3. Is the medicine taken before eating or after eating? \_\_\_\_\_\_\_\_\_\_\_\_\_ (before, after)
4. To kill germs we should \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ water (boil, play, mix).
5. You should wash your \_\_\_\_\_\_\_\_\_\_\_\_\_before and after eating (face, hands, feet).
6. Filtering water removes \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (germs, dirt)
7.



This part of a plant is known as \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (flower, root, fruit).

1. Dirty feet will keep \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (lice, ticks, jiggers)
2. Hygiene is the rule of \_\_\_\_\_\_\_\_\_\_\_\_ (first aid, cleanliness, walking)
3. We wear \_\_\_\_\_\_\_\_\_\_\_\_\_ clothes when it is sunny (heavy, light)



**Name the parts**

1.
2.

(eye, mouth, gills, tail)